



((CENTRIC))

LEARNING GOAL TRACKER

Creating Lifelong Learners

SETTING GOALS THE RIGHT WAY

An individual cannot move forward without goals. They convert vision into energy. But for a goal to work, it has to have five components.

It must:

- Be specific
- Be measurable
- Have a time limit
- Be yours
- Be in writing

The lifelong learner not only establishes goals for himself, he also shares those goals with the folks around him. That's called casting one's vision. It brings your coworkers, coach, mentor, friends, and family along with you in every aspect of your learning goals. It also improve communication and unity, which are the foundations of successful relationships. By sharing your learning goals with others, it provides you with a sense of accountability to those goals. It opens you up for others to help you stay motivated and focused on achieving those goals as well. Here's how to do it.

PRACTICAL APPLICATIONS

1. SET ASIDE TIME TO ENVISION YOUR GOALS

Schedule a one-hour session on your calendar with yourself. Think about what you want to do or where you would like to be in one year, five years, and ten years from now. Turn off all distractions that would take you away from focusing on those goals. Are you inspired to be more like somebody that you know? What about them to you like? Is there a certain position at work that you would like to achieve? Is it something more private like a fitness goal or personal interest? Goals can include your professional and personal life as we like to grow in many aspects of our day-to-day.

2. MATCH LEARNING GOALS TO YOUR VISION

Now that you have an idea of where you would like to go, how are you going to get there? What learning needs to happen for you to be successful in your goal? Do you need to research this a bit? Perhaps, talking through your goals with a coach would be helpful. Is it a particular book that would help you toward your goal? Or do you know of a learning pathway that is available on Degreed that could help? Many learning goals have to be achieved by a combination of personal learning, conversations, mentoring, and hands on experience. There is not one right path to fulfill the vision of your future.

3. GET YOUR NETWORK INVOLVED

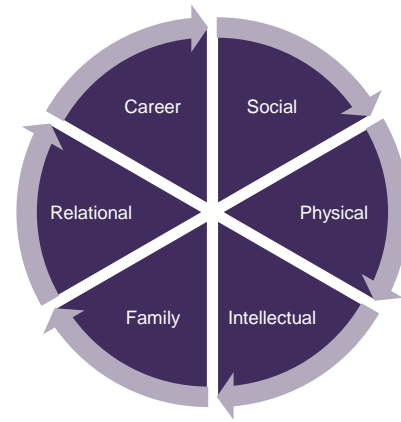
Once you have determined your route to success, let somebody know about your goals! By involving others in your professional and personal goals, you allow them to help you stay accountable. Share your deadlines with them so that they can help motivate you to achieve your goals. Ask them about their goals as well so you can continue helping the people around you grow.

4. CONSIDER OUR GOAL TRACKER

It can help you make and keep goals. Use this with a coach to assist in the planning phase. Share it with others to help them develop their own learning goals.

Learning goals are the workhorses that make your dreams come true. By developing a plan and writing it down, you are naturally steering your future in the right direction. Use the following sheet to get started on your goals. Make sure to include both work and life goals that are represented on the wheel. We should continue to strive to grow in all aspects of life as our personal growth helps us be better consultants for our clients!

LEARNING GOAL TRACKER



<input checked="" type="checkbox"/>	Goal (Be Specific)	Category	Action Plan	Target Date
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